

October 2025

# Parkwood Newsletter



## October is here!



As the seasons change, so do our gatherings! With the crisp days of fall upon us, we're trading our summer Ice Cream Social for something a little cozier. Join us for our Parkwood Potluck on the 29<sup>th</sup> at noon. Bring a favorite dish to share and enjoy good food, warm company, and a welcoming atmosphere as we embrace the season together.

We're excited to share some new events and groups happening right here in our community! In addition to favorites like Bingo, the Dart League, and the Drum Circle, we'll be hosting a special event with Sequim's own Alanna Levesque. She'll lead an engaging discussion on whole foods and the vital role nutrition plays in our lives—plus, there will be delicious samples to enjoy!

If you would like to be included in the Parkwood wood Directory the sign up sheet is in the Community Clubhouse! Don't forget to get ready for our weeklong Fall Clean Up the 6<sup>th</sup> thru the 10<sup>th</sup>!

**General Manager: Dale Metzger**  
ParkwoodGM@brighton.co

**Community Manager: Dawn Weatherly**  
ParkwoodCM@brighton.co

**Maintenance:**  
Kyle Johnson & Mike Fletcher



## Dates to Remember

**TRIPLE J BAND**  
Oct. 3 at 1pm

**Parkwood Potluck**  
Oct 29 at 12pm

**PERT**  
Oct. 10 at 10am

**DART LEAGUE**  
Every Friday at 2pm

**BINGO**  
Oct. 25 4pm

**Drum Circle**  
Oct. 25 at 1pm

**Whole Food Event**  
Oct 22 11am

**Fall Clean-Up**  
Oct 6-10



# NOTEWORTHY OCTOBER LOCAL EVENTS



## COMMUNITY & OUTDOOR EVENTS

### **Dungeness Crab Festival**

October 10-12, 2025

Port Angeles Waterfront City Pier | Olympic Peninsula, WA

CrabFest is a free, three day event held in downtown Port Angeles, Washington each October that include free live music, a vendor market showcasing 75+ amazing artisan and resale vendors, fun activities for the kids, a live Search and Rescue demonstration, free tours of a United States Coast Guard boat, beer and wine garden, and of course - food!

## ARTS & EXHIBITIONS

### **First Friday Art Walk**

Friday Oct 3, 2025, 5:00 PM - 8:00 PM PDT

Exhibit of local and national artists highlighting action-sport-themed art that is fun and free self-guided tour of local art venues. Use link below as your resource to download and print your own map, find out what special events are happening, links, and how you can be part of art.

[SequimArtWalk.com](http://SequimArtWalk.com)



## **Seasonal Living & Home Tips**

- Prepare for Cooler Weather – Check heating systems early, seal drafts, and swap light blankets for warmer ones.
- Fall Safety – Wet leaves can be slippery—keep walkways clear and wear shoes with good traction.
- Fire Safety Check – October is Fire Prevention Month. Test smoke detectors and change batteries.

### Health & Wellness

- Stay Active Indoors – Try light stretching, chair yoga or Fit and Fall Proof at our community clubhouse, or take a swim or exercise at your local YMCA or fitness center.
- Hydrate Year-Round – Cooler weather can trick you into drinking less water—keep sipping!

### Fun & Engagement

- Autumn Activities – Join or attend our community groups and events to stay social and active
- as the weather turns cooler whether it be bingo, darts, or just getting together with friends and neighbors.
- Don't forget our Potluck on the 29<sup>th</sup>!
- Festive Décor – Simple, safe fall decorations (like battery-operated candles and wreaths) add warmth without hazards.



# Glimpse Into Parkwood Neighbors

By SK Knickerbocker



## David & Nancy Morton

Nancy 5/8/1961 | David 3/27/1964 | Married 36 years | One daughter, Anna

### Where were you raised?

Nancy – “I split my time between Walla Walla, Mount Vernon, and Seattle.”

David – “Born in Bellingham, raised in Seattle with some back and forth to Texas thrown in here and there.”

### Career?

Nancy – “High-tech startups, then Seattle Children’s Hospital Hematology/Oncology. Best job of my life!”

David – “Started as a filmmaker and ended up in high-tech. From startups to T-Mobile before retiring at UW.”

### Year you moved to Parkwood?

“We moved in July 2024.”

### What made you choose Parkwood?

Nancy – “After 30 years in Seattle, we were ready for something different. We started looking for houses after two visits with family in Parkwood.”

### What do you like best about Parkwood?

Nancy – “We love the peace and quiet. It’s so calming to walk our dogs and wave to neighbors. Everyone is so kind.”

David – “Sense of community; how a simple walk with friendly hellos that can lead to a neighbor’s fascinating story.”

### Who’s the most interesting person you’ve known or read about?

Nancy: My husband—I learn something new about him every day.

David: My wife, for her humor, caring nature, talents, resilience, and ability to make me a better person. Ask about her spontaneous public dances, especially the one on Japanese TV.

### If you could un-invent one thing...?

Nancy – “Speakerphones on cell phones!”

David – “24-hour cable news! It breeds too much distrust and myopic views of the world.”

### If you had 7 days to live...?

Nancy – “Travel somewhere we’ve always wanted to visit, like Paris.”

David – “Gather friends and family, travel somewhere Nancy’s always wanted to visit like Paris. I want her last memories of me to be epic!”

### What would you like to see available at Parkwood?

Nancy – “More neighborhood get-togethers.”

David - I agree. I’d also like to see a Parkwood Tool Library (aka Library of Things). It works like a regular library but for things, not just tools. A Tool Library would let people borrow tools, kitchen gadgets, folding tables, and more. Tool libraries in Seattle contain all sorts of things. If it’s in the library, you can borrow that item instead of buying it. Library items could be donated or loaned to the library, or just the name of a neighbor willing to lend a particular item. I have more thoughts about this if Parkwood or the community is interested.

### Favorite music

Nancy – “’80s–2000s and anything live in a small venue.”

David – “Almost everything except opera—currently loving inventive cover songs.”

### Uninvent one thing

Nancy – “Speakerphones on cell phones.”

David – “24-hour cable news.”

### Something that never fails to make you laugh

Nancy – “David’s humor and our dogs.”

David – “People, animals, life’s little oddities.”

### Adages or advice to live by:

Nancy – Embrace life, live in the present, and do exactly what you want to do!

David – Be kind and supportive. Help a neighbor. Live the best life you can at any given time.

### Is the world better or worse now?

Nancy – “Every generation has good and bad; global warming worries me.”

David – “Statistics say better; feelings sometimes disagree.”

### Hobbies

Nancy – “I love to knit.”

David – “Fishing, crabbing, boating, 3-D printing, woodworking (thanks to an incredibly generous neighbor).”

### What chore do you like least?

Nancy – Cleaning the bathrooms.

David – Most of them.

### Question for neighbors

Nancy – “What brings you joy?”

David – “Whatcha doin’?”





# The Return of the Quail

By Ida Domazlicky and Jane Nicholas; photo by Ida

The bird that convinced me to move to Parkwood was the California Quail. We were visiting a friend, and a pair with several chicks burst out of the bushes and into a neighbor's yard with bobbing topknots and tiny scurrying feet. I was sold. To my great delight, we often saw quail after we moved in. In late summer of 2019, we had over 40 at once feeding in the field behind our house on Brett Circle. But since then, quail seemed to have vanished from Parkwood even though they are still common in the area. Since quail are seed-eaters, it's possible that our prohibition on bird feeders has sent them elsewhere. The 2020 Covid shutdown may also have encouraged their predators to move farther down the mountain. (Remember the bear we had that spring?) Outdoor cats also are a direct threat to quail that are too young to fly. Whatever the reasons, I'm happy to say that quail reappeared in Parkwood this summer. Please keep an eye out for them as we move into fall. If you are unfamiliar with California Quail, just look for stocky, short-necked birds with topknots that wobble with each tiny step. Quail can fly, but they prefer to walk (in loose parade formation) from one tangled border of native plants to an adjacent one. They are best known as devoted family birds. Adults mate for life, a life spent protecting each other and their young. Adult males take turns standing guard while the family feeds. They give a pit-pit-pit-pit alarm call when danger approaches, whether hawk, cat, or human. In calmer times, these adorable birds squawk a little song that sounds phonetically like "Chi-CA-go!" However, they are not found in Chicago but only along the west coast, from Central America's highlands up through Alaska—now including Parkwood once again. Let's hope we see more of them in the future.



## P.E.R.T

### Parkwood Emergency Response Team

#### Fraud prevention meeting:



Fall is here with shorter days and longer nights, but whatever time of the year it is, scams and fraud are going on all the time. How often have you been sent an

email or text saying that you owe back taxes, a package could not be delivered or you need to pay parking tickets. Scammers are creative deceivers. So beware because as we get older the

bad guys pick on us more as they think we are more vulnerable or naive. Remember if it seems too good to be true, it probably isn't legitimate. With all the modern technology it's harder for us to sort out the good from the bad. Do not pay something out of fear. Ask yourself plus your kids or friends if something you are unsure about appears to be suspicious. The people who set up these scams are very clever and persistent and do not give up easily. Friday October 10th at 10AM the sheriff's department will be at the clubhouse talking about fraud prevention. A prime opportunity to take advantage of good solid experience in these matters. AND, lunch will be provided. But sign up soon so we know how many to expect. Looking forward to seeing you all there. ~ Goose



**FRAUD ALERT**





# OCTOBER

MON	TUE	WED	THU	FRI	SAT	SUN
 		1  <b>TRIPLE J BAND 1PM</b>	2 <b>BREW CREW 9am PARK ARTS 1pm</b>	3  <b>FIT &amp; FALL PROOF 9am Dart League 2pm</b>	4  <b>POKER 12pm</b>	5
6  <b>CHAIR YOGA 10:05AM</b>	7 <b>FIT &amp; FALL PROOF 9AM CANASTA 11:30AM POKER 12PM</b>	8	9 <b>BREW CREW 9am PARK ARTS 1pm CERT 6pm</b>	10  <b>FIT &amp; FALL PROOF 9am PERT 10am Dart League 2pm</b>	11  <b>POKER 12pm</b>	12
13  <b>CHAIR YOGA 10:05AM</b>	14 <b>FIT &amp; FALL PROOF 9AM CANASTA 11:30AM POKER 12PM</b>	15	16 <b>BREW CREW 9am PARK ARTS 1pm</b>	17  <b>FIT &amp; FALL PROOF 9am Dart League 2pm</b>	18  <b>POKER 12pm</b>	19
20  <b>CHAIR YOGA 10:05AM</b>	21 <b>FIT &amp; FALL PROOF 9AM CANASTA 11:30AM POKER 12PM</b>	22  <b>Whole Foods Event 11am</b>	23 <b>BREW CREW 9am PARK ARTS 1pm</b>	24  <b>FIT &amp; FALL PROOF 9am Dart League 2pm</b>	25 <b>POKER 12pm Drum Circle 1pm BINGO 4pm</b>	26
27  <b>CHAIR YOGA 10:05AM</b>	28 <b>FIT &amp; FALL PROOF 9AM CANASTA 11:30AM POKER 12PM</b>	29  <b>Parkwood Potluck 12:00pm</b>	30 <b>BREW CREW 9am PARK ARTS 1pm</b>	31  <b>FIT &amp; FALL PROOF 9am Dart League 2pm</b>	<b>MWFSat PING PONG 12pm</b>	

**\*BOOK CLUB AT RUTH BROWNS HOUSE**

**PING PONG M/W/F/SA 8:30AM (MAY VARY) CALL TOM LOVEDAY TO**

**SCHEDULE A GAME: 360-681-8403**

**FOR CERT OR PERT INFO CALL GOOSE (360)301-1188**

**PING PONG M/W/F/SA 8:30AM (MAY VARY) CALL TOM LOVEDAY TO SCHEDULE A GAME: 360-681-8403**