PARKWOOD

NEWSLETTER

NOVEMBER 2026



Fall is officially here and showing off by the clubhouse fountain.

This Month...

NORTHERN COMFORT BAND
NOV 4TH AT 12:30PM

VETERANS DAY CELEBRATION LUNCHEON
NOV 11THAT 11:230 AM

P.E.R.T.
NOV 13TH AT 10AM

Parkwood in November

November brings cooler weather and reminders of all that we have to be thankful for. As we are busy with shopping and plans to get ready for Thanksgiving with family and friends, November also reminds us of the sacrifice so many Veterans have made for us. We will be having a Veterans Day Celebration luncheon on November 11th. We invite all Parkwood veterans, spouses, and surviving spouses to be honored on Veterans Day at the Parkwood Community Clubhouse. There will be a drawing, food and fun! Feel free to share stories and pictures.

November is a great time to enjoy late fall activities before winter sets in from hikes to light displays, to cozy nights playing your favorite games or having a cozy movie night. Find ways to make the home warm and cozy by cooking your favorite comfort foods, decorating for the holidays, baking, or crafts!

41 Green Meadow Dr | 360-683-8765 | ParkwoodCM@brighton.co | https://parkwoodcommunity.com/



We will be enabling the new lock system in November. Everyone will receive an email for you to download an app for your phone to use to unlock the front doors to the clubhouse. I will be sending out emails with more details in the near future!







Glimpse Into Parkwood Neighbors

By: sk knickerbocker

Steve Bringle & Janet Ballagh



Year born, birth dates/place? Janet- 1947 Washington. Steve- 1953 California.
Spouse? Children? Grandchildren? Janet- Daughter Tonya. Son- Jeffrey. Granddaughter- Gretchen. Grandsons-Lucas, Tyler and twins Austin and Logan. Steve- Son Jason and Granddaughter-Natalie.
Town and State raised? Janet- Blaine, WA. Growing up in a small town on the Canadian border was always fun. In the winter we would take our sledges out to the golf course or a neighbor's pasture. Both places we would ride the snow from the US across the border into Canada. Not something that is probably allowed in today 's world. Steve- Monroe, WA
Career's? Steve- Worked for County Road Department. Janet- Insurance Adjuster for Workers Comp and Personal Injury.
Year you moved to Parkwood? 2025
What would you like to see available at Parkwood? A place to dump yard waste year-round. This is something that was very popular where we lived before.
What to like best about Parkwood? The people. Wonderful neighbors and how quiet it is here**.**
What is your favorite kind of music? Oldies and Country! In our younger days we could be found dancing most weekends. Steve and I were amazed at all the live music in Sequim.
If you could un-invent one thing, what would it be? Steve- Cell phones. Janet- commercials**.**
What is something that never fails to make you laugh? Janet- a group of kittens playing.
What are your thoughts about cell phones and all this new technology and social media? Steve- Cell phones are OK. Janet- not a fan of social media. Too much personal information is shared.
Do you think the world is a better or worse now than when you were young? Steve & Janet- Worse! People appear to be too busy to stop and enjoy life.
What do you miss in society from "the good old days?" Old fashion family reunions.
Your current goals? Continue to maintain health and well-being, nourish friendships and show kindness to all.
If you found out you had 7 days to live, what would you do? Spend as much time as possible with family and friends.
If you could ask God one question? We would ask God to help all the people of the world learn to love and have respect for all and maintain world peace.
If you could talk to anyone living or dead, who would it be? Family and friends.
If you had an abundant amount of money, what would you do with it? Travel more and donate more to charities and nonprofit organizations.
Favorite animals? Cats and Dogs
Qualities you most admire in a person? Honesty, Kindness and sense of humor.
Adages or advise to live by? The Golden Rule and the 10 Commandments
Hobbies you have now? Steve- Covering Tumblers to sell at craft fairs. Janet- Reading and helping Steve.
What was your first job? Steve- Fishing in Alaska during the summers. Janet-Working at an amusement Park at the beach.
What was your first car? Janet- AMC Gremlin. Steve- Chevrolet Corvair.
Steve has fond memories of working with his father to overhaul the engine and transmission of his very first car.
What chore do you like least? Steve- Cleaning the Garage. Janet- Scrubbing floors.
What job couldn't you be paid to do? Steve- Coroner. Janet- plumber.
Favorite book? Do you like non-fiction or fiction? Janet loves books on History, (fiction and non-fiction) and enjoys authors Ken Follett and Steve Berry.

WINTER SURVIVAL

BY: JANE NICHOLAS AND IDA DOMAZLICKY



You probably have noticed that the Rufous Hummingbirds have "flown the coop." They are soaking up the southern sun by now, or at least well on their way. In their wake, the Anna's Hummingbirds have become bolder. The Anna's will stay through the winter. What do they eat you might ask? Well, Anna's Hummingbirds are well adapted to finding their main source of protein - insects, hiding beneath bark or hibernating in stems of dormant plants. But they also crave nectar, so they will seek out winter/early spring-blooming plants. We can make it easier for them to stay in top form by providing plants such as Oregon Grape, Red-flowering Currant, Indian Plum, Witch Hazel, primrose or hellebores. A pot or two and a sunny spot are all you need to begin adding hummingbird food to your yard.

For those of us who enjoy inviting them closer, now is the time to give feeders a good inspection and cleaning. If you like theplastic ones, check that they haven't become cloudy. If they are they should be replaced. This change is from tiny scratches that can harbor bacteria. Metal perches are not recommended. Please only use pure cane sugar and plain water for nectar. No dyes or additives are necessary or considered safe.

Recipe: 1/4 cup of cane sugar for one cup of water. (The 1 to 4 ratio is perfect for them.) Let it cool to room temperature before filling. It will keep in the refrigerator for up to a week. I like to bring my water just to a boil to help rid it of chlorine before stirring in the sugar. Or you can use filtered water and skip this step.

When freezing temperatures are expected, bringing feeders in at night is fine because hummingbirds don't feed at night, but they are early risers and will be looking for a kickstart at dawn. Some folks add a heater that fits on the bottom, or heat tape, or even hand warmers to slow freezing. A spare feeder is also handy so the slushy one can be replaced. Never fear, they will find a natural source if feeders aren't available.

We can all help our beautiful and hardy Anna's year-round by providing fresh water. They are really attracted to running water if you can manage it. It's wonderful to be able to enjoy Anna's Hummingbirds year-round here and we will certainly welcome our little Rufous when they return in spring.

P.E.R.T

Shout out to Peter Tartaglino for the donation of the communications radios as one of the door prizes at the October PERT meeting. That prize went to Don Brueckner as well as the kitchen fire blankets that went to Ruthie Brown and Wess Goldberg .

Thank you Master Chef, Chris Plemmons for the well presented emergency food preparation and education. Your enthusiasm and concern for feeding Parkwood residents during a major emergency is greatly appreciated. Those Parkwood residents that took the challenge of preparing and sharing their ideas for limited heat and water meals was inspiring.

For those of you in the Parkwood community that were unable to attend the monthly Parkwood Emergency Response Team meeting, this information is still available by emailing: dgoose748@gmail.com ~Goose

November

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 CHAIR STRETCH & STRENGTH 10:05AM MAHJONG 1PM	3 FIT AND FALL PROOF 9AM CANASTA 11:30AM POKER 12PM	4  NORTHERN COMFORT BAND 12:30PM	5 BREW CREW 9AM PARK ARTS & CRAFTS 1PM	6  FIT & FALL PROOF 9AM	7  POKER 12PM
8	9 CHAIR STRETCH & STRENGTH 10:05AM MAHJONG 1PM	10 FIT AND FALL PROOF 9AM CANASTA 11:30AM POKER 12PM	11 	12 BREW CREW 9AM PARK ARTS & CRAFTS 1PM	13  P.E.R.T. 10AM	14  POKER 12PM
15	16 CHAIR STRETCH & STRENGTH 10:05AM MAHJONG 1PM	17 FIT AND FALL PROOF 9AM CANASTA 11:30AM POKER 12PM	18  BOOK CLUB 1:30 PM EVERY 3RD WED.	19 BREW CREW 9AM PARK ARTS & CRAFTS 1PM	20  FIT & FALL PROOF 9AM	21  POKER 12PM
22	23 CHAIR STRETCH & STRENGTH 10:05AM MAHJONG 1PM	24 FIT AND FALL PROOF 9AM CANASTA 11:30AM POKER 12PM	25 	26  HAPPY THANKS GIVING	27  FIT & FALL PROOF 9AM	28  POKER 12PM
29	30 CHAIR STRETCH & STRENGTH 10:05AM MAHJONG 1PM					